

Lista de medicamentos

SÍNTOMAS DEL RESFRIADO Y LA GRIPE

Tylenol-Regular
Tylenol-Extra Strength Cold & Sinus
Sudafed
Robitussin-Regular or DM
Dimetapp
Triaminic
Cough Drops (Halls with Zinc preferred)
Chlor-Trimenton

DOLOR

Tylenol (Acetaminophen)
Tylenol PM
Extra Strength Tylenol

DESCONGESTIONANTES

Sudafed Cold
Robitussin CF
Ocean Nasal Spray
Sudafed

ALERGIAS

Benadryl
Dimetapp
Zyrtec
Claritin

INSOMNIO

Benadryl
Unisom

NÁUSEAS

Ginger Tea
Vitamin B6 (pyridoxine) 50mg- 1 tab 3 times/day
Unisom (doxylamine)
Sea Bands

ERUPCIONES CUTÁNEAS

Benadryl Cream
Hydrocortisone Cream- .5% or 1%

HEMORROIDES

Anusol
Tucks
Preparation-H
Hydrocortisone

ESTREÑIMIENTO

Colace
Fibercon
Citrucel
Metamucil
Surfak
Milk of Magnesia

DIARREA

Imodium
Kaopectate

REFLUJO ÁCIDO, INDIGESTIÓN, GASES

Tums
Gas-X (Simethicone)
Tagamet
Ripran
Rolaide
Mylanta
Pepcid
Zantac
Gaviscon
No Utilizar: Pepto Bismol

INFECCIONES VAGINALES

-Monistat



NO UTILIZAR: Ibuprofen, Aleve, Motrin, Advil

